

Activities Inspiration

The ideas below are meant to inspire and serve as a starting point to build engagement that fits your community.

Basic Activities

- **Surveys** - Start simple: talk to your community and ask for their input on what to grow.
- **Planting** - Engage your group with the growing process by showing them where it all begins — with planting! Teach them the seeding basics and perform a demo so they can do it themselves.
- **Harvesting Demo** - Allow groups to take part in the harvesting process. Teach them the basics and perform a demo so they can help harvest themselves.
- **Naming plants** - Engage groups even more by letting them name their own plants in the farm. Groups can add chalk nameplates to claim plants in the farm and watch them grow each day! This provides an opportunity for your group to connect with the process of seed to fork.
- **Touch, Taste & Smell** - Help groups sharpen their herb and flower identification skills with live plants from your farm.

Games & Group Activities

Bring people together to socialize, sharpen their cognitive and plant identification skills, and learn something new!

- **Plant Crafting** - Painting, leaf pressing, bouquet and soap making are all possibilities with the plants from your farm. Supply your groups with the supplies they need to get crafting with plants.
- **Live plant identification** - Tell your community about what's growing in their farm by showing them live plants and the provided flashcards, which contain images, information about nutritional benefits, and fun facts about plant origins.
- **Curated guided group meditations** with a garden/nature focus, grow your own incense
- **Curated books** for a book club (Braiding Sweetgrass)
- [Enjoy classical or any calm music with your plants](#)

Cooking Demos

Showcase the produce from your farm in signature dishes that are bound to impress your community. You can even create unique cocktail mixes and select wines to pair for happy hours and dinners.

- **Select recipes featuring farm produce:**
 - Caprese Salad
 - Caesar Salad
 - Tomato & Babylon Basil Bruschetta
 - Pesto
 - Micro-Green tasting
 - Power smoothie of greens (kale, microgreens)

Additional Ideas for Herbs

- Herb Broom for Halloween (OCTOBER)
- Herb Centerpiece for Thanksgiving (NOVEMBER)
- Herbal Advent Calendar (DECEMBER)
- Herbal Tincture for Stress Relief for Arthritis
- Herbal Candle Making
- Herbal Mint Teas
- Herbal Coaster Making
- Herbal [Small Planted Aquarium](#)