

# Babylon Bingo

## Plant Bingo Caller Instructions

Before starting the game, make sure you have the “Plant Bingo Presentation” open and displayed on a projector for all players to view.

**Player Objective:** Players will try and guess the name of each plant from the picture and hint on the presentation. Each player marks his or her answers on their bingo card by placing a chip over each box with the name of the plant he/she thinks is the answer. Players may automatically place a chip on the FREE SPACE in the center of the board as marked. Once a player gets 5 boxes in a row (i.e. in a straight row, column, or diagonal), they raise their hand and/or shout “Bingo!”. Multiple players can call bingo at the same time. The Bingo caller, or bingo administrator then walks over to check the player’s card to make sure they have the correct plant names marked in a row, column, or diagonal. Those who have marked five plants correctly on their board can receive a prize!



### Here’s how to run the game:

1. Pass out one bingo card to each player. Hand each player their bingo chips.
2. In the Plant Bingo Presentation displayed on a large screen, begin with the first plant. Display the slide for each plant for one 30 seconds to a minute each, reading the clue on the slide once or twice for all players to hear.
3. After the minute is up, continue to the next plant.
4. Repeat this process until one of the players shouts “Bingo!”. Walk over to check the player’s card, comparing their answers with the plants for which you have called, comparing to the provided “Bingo Key” document that corresponds with the presentation. NOTE: Keep track of where you are on this list as you progress through the powerpoint so that you may quickly be able to check a player’s card when he/she calls bingo.
5. If the player(s) has/have marked 5 correct plants with their chips in a straight row, column, or diagonal, they get a point. You and the players alike should keep score of players’ bingo points. Once a player gets Bingo, all players should clear the chips from their boards to start fresh, but keep proceeding through the Presentation (do not go back to the beginning.)
6. If a player calls Bingo but does not have all five plants marked correctly on his or her card, tell them they are incorrect and proceed with that game until someone correctly calls Bingo. When someone calls Bingo and has all five plants marked correctly on their card, they can receive a prize!
7. Repeat this process until you get to the end of the slideshow presentation.

 **BABYLON®**  
**BINGO KEY**

<b>Plant 1</b>	Marigold
<b>Plant 2</b>	Mustard Greens
<b>Plant 3</b>	Opal Basil
<b>Plant 4</b>	Lemon Balm
<b>Plant 5</b>	Cilantro
<b>Plant 6</b>	Kale
<b>Plant 7</b>	Boston Lettuce
<b>Plant 8</b>	Spinach
<b>Plant 9</b>	Bok Choy
<b>Plant 10</b>	Dill
<b>Plant 11</b>	Genovese Basil
<b>Plant 12</b>	Holy Basil
<b>Plant 13</b>	Chive
<b>Plant 14</b>	Marjoram
<b>Plant 15</b>	Lemon Basil
<b>Plant 16</b>	Spearmint
<b>Plant 17</b>	Beet
<b>Plant 18</b>	Sage
<b>Plant 19</b>	Peppermint
<b>Plant 20</b>	Romaine Lettuce
<b>Plant 21</b>	Bell Pepper
<b>Plant 22</b>	Arugula
<b>Plant 23</b>	Thai Basil
<b>Plant 24</b>	Radish
<b>Plant 25</b>	Strawberry
<b>Plant 26</b>	Oregano
<b>Plant 27</b>	Tomato
<b>Plant 28</b>	Green Bean
<b>Plant 29</b>	Cucumber
<b>Plant 30</b>	Thyme
<b>Plant 31</b>	Blueberry
<b>Plant 32</b>	Nasturtium
<b>Plant 33</b>	Parsley
<b>Plant 34</b>	Red Oak Lettuce
<b>Plant 35</b>	Cabbage

\* Quantity to vary based on number of participants

# BABYLON PLANT BINGO

<b>Cilantro</b>	<b>Red Oak Lettuce</b>	<b>Romaine Lettuce</b>	<b>Peppermint</b>	<b>Green Bean</b>
<b>Dill</b>	<b>Spearmint</b>	<b>Parsley</b>	<b>Holy Basil</b>	<b>Bell Pepper</b>
<b>Bok Choy</b>	<b>Sage</b>	<b>FREE</b>  <b>SPACE</b>	<b>Spinach</b>	<b>Blueberry</b>
<b>Marigold</b>	<b>Boston Lettuce</b>	<b>Thai Basil</b>	<b>Arugula</b>	<b>Strawberry</b>
<b>Nasturtium</b>	<b>Genovese Basil</b>	<b>Lemon Basil</b>	<b>Radish</b>	<b>Tomato</b>

# BABYLON PLANT BINGO

Cilantro	Red Oak Lettuce	Romaine Lettuce	Radish	Blueberry
Mustard Greens	Genovese Basil	Lemon Basil	Oregano	Bell Pepper
Bok Choy	Boston Lettuce	FREE  SPACE	Chive	Cucumber
Lemon Balm	Opal Basil	Cabbage	Peppermint	Tomato
Dill	Spearmint	Parsley	Holy Basil	Beet

# BABYLON PLANT BINGO

<b>Dill</b>	<b>Spearmint</b>	<b>Kale</b>	<b>Oregano</b>	<b>Tomato</b>
<b>Cilantro</b>	<b>Marjoram</b>	<b>Parsley</b>	<b>Holy Basil</b>	<b>Strawberry</b>
<b>Lemon Balm</b>	<b>Opal Basil</b>	<b>FREE</b>  <b>SPACE</b>	<b>Radish</b>	<b>Cucumber</b>
<b>Marigold</b>	<b>Genovese Basil</b>	<b>Cabbage</b>	<b>Peppermint</b>	<b>Beet</b>
<b>Mustard Greens</b>	<b>Red Oak Lettuce</b>	<b>Thai Basil</b>	<b>Arugula</b>	<b>Green Bean</b>


# BABYLON PLANT BINGO

Lemon Balm	Red Oak Lettuce	Thyme	Spinach	Blueberry
Nasturtium	Boston Lettuce	Romaine Lettuce	Radish	Bell Pepper
Marigold	Opal Basil	FREE  SPACE	Arugula	Green Bean
Dill	Genovese Basil	Lemon Basil	Peppermint	Cucumber
Cilantro	Sage	Parsley	Chive	Beet

# BABYLON PLANT BINGO

Lemon Balm	Spearmint	Thai Basil	Spinach	Bell Pepper
Nasturtium	Sage	Parsley	Radish	Green Bean
Bok Choy	Marjoram	FREE  SPACE	Oregano	Blueberry
Dill	Boston Lettuce	Thyme	Holy Basil	Tomato
Marigold	Opal Basil	Cabbage	Chive	Beet

# BABYLON PLANT BINGO

Nasturtium	Spearmint	Kale	Oregano	Beet
Marigold	Genovese Basil	Parsley	Radish	Strawberry
Mustard Greens	Marjoram	FREE  SPACE	Holy Basil	Blueberry
Cilantro	Red Oak Lettuce	Cabbage	Chive	Cucumber
Bok Choy	Opal Basil	Thyme	Arugula	Green Bean



# BABYLON PLANT BINGO

Dill	Red Oak Lettuce	Thyme	Radish	Beet
Marigold	Marjoram	Kale	Spinach	Blueberry
Cilantro	Spearmint	FREE  SPACE	Peppermint	Tomato
Lemon Balm	Genovese Basil	Cabbage	Oregano	Green Bean
Nasturtium	Boston Lettuce	Thai Basil	Arugula	Strawberry

# BABYLON PLANT BINGO

Dill	Sage	Thai Basil	Chive	Bell Pepper
Mustard Greens	Boston Lettuce	Romaine Lettuce	Oregano	Beet
Lemon Balm	Red Oak Lettuce	FREE  SPACE	Holy Basil	Strawberry
Nasturtium	Genovese Basil	Parsley	Peppermint	Blueberry
Marigold	Opal Basil	Kale	Arugula	Tomato

# BABYLON PLANT BINGO

Lemon Balm	Sage	Romaine Lettuce	Arugula	Blueberry
Marigold	Spearmint	Cabbage	Radish	Green Bean
Cilantro	Genovese Basil	FREE  SPACE	Oregano	Strawberry
Mustard Greens	Opal Basil	Thyme	Holy Basil	Bell Pepper
Nasturtium	Boston Lettuce	Kale	Peppermint	Cucumber

# BABYLON PLANT BINGO

Marigold	Marjoram	Cabbage	Holy Basil	Beet
Bok Choy	Opal Basil	Romaine Lettuce	Spinach	Strawberry
Lemon Balm	Spearmint	FREE  SPACE	Oregano	Green Bean
Nasturtium	Red Oak Lettuce	Lemon Basil	Radish	Tomato
Dill	Genovese Basil	Thyme	Arugula	Cucumber

# BABYLON PLANT BINGO

<b>Mustard Greens</b>	<b>Red Oak Lettuce</b>	<b>Thyme</b>	<b>Spinach</b>	<b>Beet</b>
<b>Dill</b>	<b>Spearmint</b>	<b>Romaine Lettuce</b>	<b>Chive</b>	<b>Bell Pepper</b>
<b>Cilantro</b>	<b>Sage</b>	<b>FREE</b>  <b>SPACE</b>	<b>Radish</b>	<b>Cucumber</b>
<b>Marigold</b>	<b>Genovese Basil</b>	<b>Cabbage</b>	<b>Oregano</b>	<b>Green Bean</b>
<b>Nasturtium</b>	<b>Boston Lettuce</b>	<b>Lemon Basil</b>	<b>Peppermint</b>	<b>Strawberry</b>

# BABYLON PLANT BINGO

<b>Mustard Greens</b>	<b>Red Oak Lettuce</b>	<b>Kale</b>	<b>Oregano</b>	<b>Bell Pepper</b>
<b>Bok Choy</b>	<b>Marjoram</b>	<b>Romaine Lettuce</b>	<b>Spinach</b>	<b>Cucumber</b>
<b>Lemon Balm</b>	<b>Sage</b>	<b>FREE</b>  <b>SPACE</b>	<b>Arugula</b>	<b>Blueberry</b>
<b>Marigold</b>	<b>Boston Lettuce</b>	<b>Parsley</b>	<b>Peppermint</b>	<b>Green Bean</b>
<b>Dill</b>	<b>Genovese Basil</b>	<b>Cabbage</b>	<b>Holy Basil</b>	<b>Tomato</b>

# BABYLON PLANT BINGO

Cilantro	Spearmint	Thai Basil	Spinach	Beet
Bok Choy	Opal Basil	Kale	Chive	Blueberry
Dill	Red Oak Lettuce	FREE  SPACE	Oregano	Bell Pepper
Mustard Greens	Sage	Thyme	Radish	Green Bean
Marigold	Marjoram	Romaine Lettuce	Holy Basil	Tomato

# BABYLON PLANT BINGO

<b>Bok Choy</b>	<b>Spearmint</b>	<b>Lemon Basil</b>	<b>Spinach</b>	<b>Cucumber</b>
<b>Dill</b>	<b>Genovese Basil</b>	<b>Kale</b>	<b>Peppermint</b>	<b>Strawberry</b>
<b>Mustard Greens</b>	<b>Opal Basil</b>	<b>FREE</b>  <b>SPACE</b>	<b>Arugula</b>	<b>Blueberry</b>
<b>Cilantro</b>	<b>Sage</b>	<b>Parsley</b>	<b>Radish</b>	<b>Tomato</b>
<b>Lemon Balm</b>	<b>Red Oak Lettuce</b>	<b>Cabbage</b>	<b>Chive</b>	<b>Bell Pepper</b>



# BABYLON PLANT BINGO

Lemon Balm	Opal Basil	Lemon Basil	Radish	Beet
Cilantro	Sage	Cabbage	Holy Basil	Tomato
Dill	Marjoram	FREE  SPACE	Chive	Strawberry
Nasturtium	Spearmint	Thyme	Peppermint	Blueberry
Mustard Greens	Boston Lettuce	Thai Basil	Arugula	Bell Pepper

# BABYLON PLANT BINGO

<b>Marigold</b>	<b>Marjoram</b>	<b>Romaine Lettuce</b>	<b>Oregano</b>	<b>Strawberry</b>
<b>Nasturtium</b>	<b>Red Oak Lettuce</b>	<b>Kale</b>	<b>Holy Basil</b>	<b>Cucumber</b>
<b>Lemon Balm</b>	<b>Sage</b>	<b>FREE</b>  <b>SPACE</b>	<b>Chive</b>	<b>Tomato</b>
<b>Dill</b>	<b>Spearmint</b>	<b>Thai Basil</b>	<b>Spinach</b>	<b>Beet</b>
<b>Bok Choy</b>	<b>Boston Lettuce</b>	<b>Cabbage</b>	<b>Radish</b>	<b>Bell Pepper</b>

# BABYLON PLANT BINGO

<b>Bok Choy</b>	<b>Red Oak Lettuce</b>	<b>Cabbage</b>	<b>Holy Basil</b>	<b>Green Bean</b>
<b>Mustard Greens</b>	<b>Sage</b>	<b>Thai Basil</b>	<b>Chive</b>	<b>Tomato</b>
<b>Lemon Balm</b>	<b>Genovese Basil</b>	<b>FREE</b>  <b>SPACE</b>	<b>Oregano</b>	<b>Bell Pepper</b>
<b>Marigold</b>	<b>Boston Lettuce</b>	<b>Kale</b>	<b>Spinach</b>	<b>Blueberry</b>
<b>Nasturtium</b>	<b>Spearmint</b>	<b>Romaine Lettuce</b>	<b>Arugula</b>	<b>Strawberry</b>


# BABYLON PLANT BINGO

<b>Mustard Greens</b>	<b>Genovese Basil</b>	<b>Thai Basil</b>	<b>Spinach</b>	<b>Blueberry</b>
<b>Marigold</b>	<b>Red Oak Lettuce</b>	<b>Thyme</b>	<b>Peppermint</b>	<b>Beet</b>
<b>Dill</b>	<b>Opal Basil</b>	<b>FREE</b>  <b>SPACE</b>	<b>Radish</b>	<b>Green Bean</b>
<b>Cilantro</b>	<b>Sage</b>	<b>Parsley</b>	<b>Arugula</b>	<b>Bell Pepper</b>
<b>Bok Choy</b>	<b>Boston Lettuce</b>	<b>Kale</b>	<b>Chive</b>	<b>Tomato</b>

# BABYLON PLANT BINGO

<b>Marigold</b>	<b>Red Oak Lettuce</b>	<b>Thyme</b>	<b>Radish</b>	<b>Blueberry</b>
<b>Dill</b>	<b>Boston Lettuce</b>	<b>Romaine Lettuce</b>	<b>Peppermint</b>	<b>Beet</b>
<b>Mustard Greens</b>	<b>Opal Basil</b>	<b>FREE</b>  <b>SPACE</b>	<b>Holy Basil</b>	<b>Bell Pepper</b>
<b>Cilantro</b>	<b>Spearmint</b>	<b>Cabbage</b>	<b>Oregano</b>	<b>Strawberry</b>
<b>Nasturtium</b>	<b>Sage</b>	<b>Parsley</b>	<b>Chive</b>	<b>Green Bean</b>

# BABYLON PLANT BINGO

<b>Cilantro</b>	<b>Genovese Basil</b>	<b>Kale</b>	<b>Holy Basil</b>	<b>Cucumber</b>
<b>Lemon Balm</b>	<b>Red Oak Lettuce</b>	<b>Cabbage</b>	<b>Radish</b>	<b>Strawberry</b>
<b>Bok Choy</b>	<b>Marjoram</b>	<b>FREE</b>  <b>SPACE</b>	<b>Spinach</b>	<b>Green Bean</b>
<b>Nasturtium</b>	<b>Opal Basil</b>	<b>Parsley</b>	<b>Chive</b>	<b>Beet</b>
<b>Marigold</b>	<b>Sage</b>	<b>Thyme</b>	<b>Peppermint</b>	<b>Tomato</b>

# BABYLON PLANT BINGO


<b>Nasturtium</b>	<b>Boston Lettuce</b>	<b>Parsley</b>	<b>Holy Basil</b>	<b>Green Bean</b>
<b>Dill</b>	<b>Opal Basil</b>	<b>Thyme</b>	<b>Spinach</b>	<b>Bell Pepper</b>
<b>Marigold</b>	<b>Genovese Basil</b>	<b>FREE</b>  <b>SPACE</b>	<b>Peppermint</b>	<b>Cucumber</b>
<b>Mustard Greens</b>	<b>Red Oak Lettuce</b>	<b>Romaine Lettuce</b>	<b>Arugula</b>	<b>Beet</b>
<b>Lemon Balm</b>	<b>Sage</b>	<b>Lemon Basil</b>	<b>Chive</b>	<b>Blueberry</b>

# BABYLON PLANT BINGO

Nasturtium	Opal Basil	Thai Basil	Chive	Bell Pepper
Mustard Greens	Red Oak Lettuce	Parsley	Oregano	Green Bean
Dill	Boston Lettuce	FREE  SPACE	Arugula	Beet
Lemon Balm	Sage	Romaine Lettuce	Radish	Cucumber
Marigold	Marjoram	Kale	Spinach	Strawberry



# BABYLON PLANT BINGO

<b>Nasturtium</b>	<b>Red Oak Lettuce</b>	<b>Kale</b>	<b>Holy Basil</b>	<b>Tomato</b>
<b>Marigold</b>	<b>Genovese Basil</b>	<b>Parsley</b>	<b>Radish</b>	<b>Bell Pepper</b>
<b>Lemon Balm</b>	<b>Marjoram</b>	<b>FREE</b>  <b>SPACE</b>	<b>Oregano</b>	<b>Blueberry</b>
<b>Cilantro</b>	<b>Spearmint</b>	<b>Romaine Lettuce</b>	<b>Spinach</b>	<b>Green Bean</b>
<b>Mustard Greens</b>	<b>Sage</b>	<b>Thai Basil</b>	<b>Arugula</b>	<b>Beet</b>

# BABYLON PLANT BINGO

<b>Bok Choy</b>	<b>Genovese Basil</b>	<b>Cabbage</b>	<b>Radish</b>	<b>Tomato</b>
<b>Cilantro</b>	<b>Marjoram</b>	<b>Thyme</b>	<b>Chive</b>	<b>Bell Pepper</b>
<b>Dill</b>	<b>Sage</b>	<b>FREE</b>  <b>SPACE</b>	<b>Spinach</b>	<b>Strawberry</b>
<b>Mustard Green</b>	<b>Red Oak Lettuce</b>	<b>Thai Basil</b>	<b>Holy Basil</b>	<b>Green Bean</b>
<b>Lemon Balm</b>	<b>Marjoram</b>	<b>Romaine Lettuce</b>	<b>Oregano</b>	<b>Beet</b>

# BABYLON PLANT BINGO

Dill	Genovese Basil	Kale	Chive	Cucumber
Cilantro	Boston Lettuce	Parsley	Radish	Beet
Nasturtium	Opal Basil	FREE  SPACE	Peppermint	Bell Pepper
Bok Chou	Red Oak Lettuce	Romaine Lettuce	Oregano	Green Bean
Lemon Balm	Marjoram	Lemon Basil	Spinach	Tomato

# BABYLON PLANT BINGO

Lemon Balm	Spearmint	Cabbage	Radish	Beet
Cilantro	Opal Basil	Kale	Holy Basil	Strawberry
Bok Choy	Boston Lettuce	FREE  SPACE	Spinach	Tomato
Nasturtium	Red Oak Lettuce	Romaine Lettuce	Arugula	Blueberry
Mustard Green	Marjoram	Thyme	Peppermint	Green Bean

# BABYLON PLANT BINGO

<b>Mustard Green</b>	<b>Spearmint</b>	<b>Parsley</b>	<b>Chive</b>	<b>Cucumber</b>
<b>Marigold</b>	<b>Boston Lettuce</b>	<b>Romaine Lettuce</b>	<b>Oregano</b>	<b>Blueberry</b>
<b>Bok Choy</b>	<b>Genovese Basil</b>	<b>FREE</b>  <b>SPACE</b>	<b>Peppermint</b>	<b>Strawberry</b>
<b>Lemon Balm</b>	<b>Sage</b>	<b>Thyme</b>	<b>Holy Basil</b>	<b>Bell Pepper</b>
<b>Nasturtium</b>	<b>Red Oak Lettuce</b>	<b>Thai Basil</b>	<b>Arugula</b>	<b>Tomato</b>

# BABYLON PLANT BINGO

Dill	Marjoram	Lemon Basil	Radish	Bell Pepper
Marigold	Opal Basil	Thyme	Chive	Blueberry
Mustard Greens	Spearmint	FREE  SPACE	Arugula	Tomato
Bok Choy	Genovese Basil	Thai Basil	Oregano	Strawberry
Cilantro	Sage	Kale	Spinach	Green Bean

# BABYLON PLANT BINGO

<b>Bok Choy</b>	<b>Genovese Basil</b>	<b>Parsley</b>	<b>Chive</b>	<b>Strawberry</b>
<b>Dill</b>	<b>Red Oak Lettuce</b>	<b>Kale</b>	<b>Holy Basil</b>	<b>Green Bean</b>
<b>Mustard Greens</b>	<b>Marjoram</b>	<b>FREE</b>  <b>SPACE</b>	<b>Peppermint</b>	<b>Beet</b>
<b>Cilantro</b>	<b>Opal Basil</b>	<b>Romaine Lettuce</b>	<b>Arugula</b>	<b>Cucumber</b>
<b>Marigold</b>	<b>Sage</b>	<b>Thai Basil</b>	<b>Spinach</b>	<b>Blueberry</b>

# BABYLON PLANT BINGO

<b>Mustard Green</b>	<b>Sage</b>	<b>Romaine Lettuce</b>	<b>Peppermint</b>	<b>Blueberry</b>
<b>Nasturtium</b>	<b>Opal Basil</b>	<b>Lemon Basil</b>	<b>Radish</b>	<b>Cucumber</b>
<b>Dill</b>	<b>Red Oak Lettuce</b>	<b>FREE</b>  <b>SPACE</b>	<b>Oregano</b>	<b>Tomato</b>
<b>Cilantro</b>	<b>Marjoram</b>	<b>Cabbage</b>	<b>Holy Basil</b>	<b>Strawberry</b>
<b>Bok Choy</b>	<b>Boston Lettuce</b>	<b>Thyme</b>	<b>Spinach</b>	<b>Beet</b>



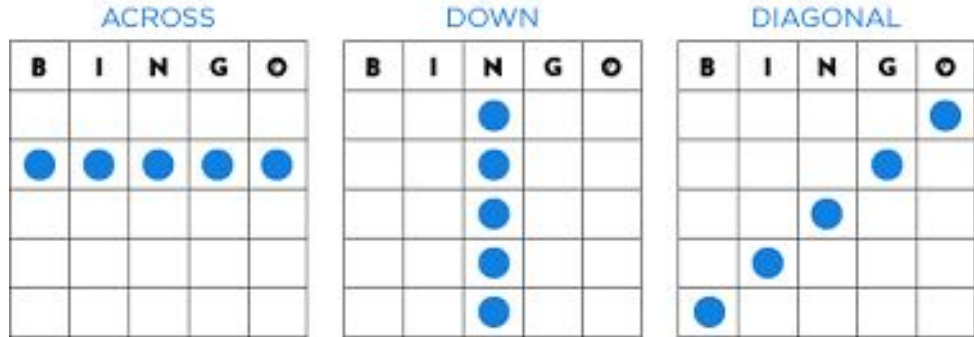
# PLANT BINGO

*How strong are your plant identification skills?*



# How to Play

Using the hints on the screen, place a chip on the square on your bingo card for the plant or variety you think is the answer. The goal is to get five squares in a row across, down, or diagonally.



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Raise your hand and ask the Bingo leader to check your card. If you got all varieties correct, you get a point!

Multiple players can call Bingo at the same time. Once one or multiple players successfully get Bingo, all players remove the chips from their boards to begin again. The bingo leader then will resume proceeding through the clues. At the end, the player(s) with the most Bingo points wins!



Can you name this flower?

This edible flower originates from *Spain*, is widely known for its *anti-inflammatory* properties and as an *effective pest deterrent*. It can be found as an *ingredient in cosmetics and skin ointments*.



## Can you name this leafy green?

This leafy green originated in the Himalayan Region of India and has a unique **mustard** flavor. It is considered a good source of magnesium, calcium, folic acid, and Vitamin K. It supports heart health and disease-fighting capabilities.



### Can you name this herb?

This **purple** herb contains naturally occurring pigments that may have antiviral and anti-inflammatory benefits. Its flavor is slightly more savory than traditional Genovese Basil with stronger undertones of ginger and anise.



## Can you name this herb?

This **lemony** herb is native to Europe, specifically the Mediterranean Region. Nuns used to use it as an “uplifting” agent for spells that heal the brokenhearted and attract romantic lovers.



## Can you name this herb?

**Easily confused with parsley**, this herb contains anti-cancer antioxidants, anti-inflammatory properties, and a variety of health benefits including the ability to help reduce LDL or "bad" cholesterol. Ancient Egyptians believed this herb nourished the dead in the afterlife.



## Can you name this leafy green?

This leafy green is bold, hearty, and bitter, especially when eaten raw. Despite the recent health craze over this green, Europeans used to call it "peasant cabbage".





**Can you name this lettuce variety?**

Also known as Bibb Lettuce, this variety has sweet, buttery leaves and is **named after Massachusetts's largest city**. It contains Vitamin A & C, folate, iron, calcium, and fiber.



**Can you name this leafy green?**

Popeye would tell you to eat more of this green, which promotes eye health and contains antioxidants and anti-cancer compounds.



## Can you name this leafy green?

This leafy green originated in China and is sometimes referred to as a “soup spoon” because of the shape of its leaves. It is a staple in many stir fry and soup dishes.



## Can you name this herb?

The name of this herb comes from the Norwegian word "dilla," meaning to soothe. It has antibacterial and anti-inflammatory properties and supports bone health and digestion. Some even use it as a sleep aid.



## Can you name this herb?

Though this herb is usually considered to be Italian, it originated in India, where people have used it as a spice and as a medicine for at least 5,000 years.



## Can you name this herb?

A central part of cultures in India, this **type of basil** is often incorporated into Hindu **prayers** for good health and wellbeing.



## Can you name this herb?

This herb has a much more delicate onion flavor than green onions and is usually used as a seasoning.



## Can you name this herb?

This herb is native to Southern Europe and similar to oregano. Used to help calm digestive troubles, it has antiseptic, anti-bacterial, anti-fungal, and anti-inflammatory properties.

**HINT: The name of this herb starts with an “M”.**





## Can you name this herb?

This type of **basil** has a distinct yet lovely **lemony** aroma. It is a staple in many Indonesian cuisines.



## Can you name this herb?

This herb has a recognizable minty flavor **similar to that of peppermint**. It is used in massage oils, aromatic therapy, and can even help relieve itching.



**Can you name this vegetable?**

The compound that gives this vegetable its red color helps flush toxins from the body.



## Can you name this herb?

This herb has a sweet, bitter, and pine-like flavor. Europeans used it to fight the Bubonic Plague during the 14th century.

**HINT: The name of this herb also means “wise man or woman”.**



## Can you name this herb?

This herb has a recognizable minty **flavor similar to that of spearmint**. Ancient Greeks believed it could cure hiccups.



**Can you name this leafy green?**

**The staple leaf in Chicken Caesar Salad recipes**, this leafy green is crisp and succulent with a mild, slightly bitter flavor. It contains Vitamin A & C, folate, iron, calcium, and fiber.



## Can you name this fruit?

Sometimes thought to be a vegetable, this variety is actually a fruit because they come from flowering plants and contain seeds.



**Can you name this leafy green?**

Also called rocket, this salad green has a sharp peppery bite that gives it flavor and makes it resistant to pests.





## Can you name this herb?

This type of basil originated in Southeast Asia and is used in many **Thai** dishes and stir fries because its flavor can withstand the high heat of the wok.



**Can you name this  
vegetable?**

Crisp, peppery, and pungent, this root vegetable is in the same family as horseradish.



**Can you name this fruit?**

Each of these berries has around  
200 seeds on its surface.



## Can you name this herb?

This herb is pungent, earthy, and minty. It is a traditional Mediterranean herb and plays a prominent role in Greek and Italian cuisines.

**HINT: The name of this herb sounds similar to the name of the U.S. state containing the city of Portland.**



## Can you name this fruit?

Along with potatoes, this fruit is one of the most commonly consumed vegetables in the U.S.



### **Can you name this vegetable?**

This vegetable is the third most commonly grown vegetable in home gardens across the U.S., following tomatoes and peppers.



### Can you name this fruit?

About 95% of this fruit is water. Its cooling, soothing effect that can decrease skin swelling and inflammation, which is why some apply this fruit to the eyes to decrease puffiness.



**Can you name this herb?**

Ancient Greeks believed cows that grazed in fields containing lots of this herb had better tasting meat.

**HINT: What do clocks tell?**





## Can you name this fruit?

These berries have more antioxidants than any other fruits or vegetables, meaning they help prevent heart disease, cancer, and other diseases.



## Can you name this leafy green?

The leaves of this green are tender with a hard peppery bite that can cause a slight tingling of the nose. It is high in Vitamin C and has antibiotic properties.



**Can you name this herb?**

**Easily confused with cilantro,** this herb has a sweet, clean flavor and aroma and is used as a palate cleanser.



Can you name this lettuce variety?

This **red** lettuce variety has a buttery, nutty, mellow flavor. It contains Vitamin A & C, folate, iron, calcium, and fiber.



## Can you name this leafy green?

This leafy green is peppery when raw but turns sweet with cooking. It is one of the oldest vegetables in human existence and remains a staple in cuisines all over the world to this day.



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